



*Soul-Lifted Sisters Prayer Ministry & Outreach*

*PO Box 1535*

*Minneola, FL 34755*

*786-385-2936*

*www.soul-liftedsisters.com*

Message From Our Founder Dr. Witherspoon

Greetings and Happy New Year 2024 from Soul-Lifted Sisters Prayer Ministry and Outreach! Despite its challenges, we are grateful for the past year and excited to see the wonderful things that will happen in each of your lives this year.

We would like to express our heartfelt gratitude to everyone who supported our organization in 2023. Your contributions, no matter how big or small, played a significant role in fulfilling our vision and mission for the Kingdom of God. We pray for your continued support and love in 2024, and we thank you in advance for your willingness to help us in the God-Ordained Press.



The Bible tells us in **Colossians 3:17**  
**“And whatever you do, in word or deed,  
do everything in the name of the Lord  
Jesus, giving thanks to God the Father  
Through Him”**

May that be the case from start to finish for Soul-Lifted Sisters and our mission. Everything we do is done in and for our Lord and Savior Jesus Christ. The mission of Christians is to love God and love others. If we do that, I believe God is pleased.

Last year alone we served 1,375 meals to the unhoused community, distributed 1,375 pairs of socks, and 1,375 fully stocked care packs, mailed out 576 cards of encouragement, sent out 144 Chemotherapy Care Packs, hosted 52 weeks of Intercessory Prayer, hosted 12 Holy Communion Sundays, hosted 2 amazing fundraisers, hosted 1 three-night Prayer Conference Retreat, sponsored 20 families with love baskets for Thanksgiving and Christmas, awarded \$8,000 in Scholarships. Increased sponsorship provided endless prayer support and encouraging words worldwide.

What's New for 2024

We are pleased to announce the birth of our second “Food for the Soul” Outreach Team.

Yes, you are reading this correctly! Soul-Lifted Sisters will now be serving in two locations South Florida and Central Florida.

Our Central Florida Team is assembled, and they are ready to serve the less fortunate community on January 27, 2024.

We are so thankful to God for this expansion and anticipate more soon to multi-states to include International so get your passports ready!

As we prepare to embark on unfamiliar territory and plant new roots, we need your prayers and financial support more than ever before.

*January 2024 Ministry Newsletter*

*Established 2012*

*Minister Dr. Erania “Rainey” Witherspoon, Founder*

Our 1<sup>st</sup> Fundraiser of the Year! Join us for a wonderful life changing time of empowerment talk as we complete our individual Vision Board.

All proceeds will go towards our Monthly Outreach and Scholarship Fund.

Please support with a \$25.00 tax-deductible donation

Soul-Lifted Sisters Prayer Ministry & Outreach

Presents



I AM ON A MISSION TO.....

Virtual Vision Board Party

NEW YEAR NEW YOU

Saturday, February 10, 2024  
2:00pm (EST)

Cost \$25.00 Tax Deductible Donation

Zoom Link and Printable Templates will be provided to all registered guests

Registration Instructions:

Zelle:  
Soul Lifted Sisters

OR

CashApp:  
\$SoulLifted Sisters

Topics:  
Life Coaching w/ Dr. Witherspoon  
Testimonies  
Finance Tips  
Goal Settings  
Inspiration  
Motivation  
Affirmations

After you submit your registration please text 786-385-2936 with your name and email to receive you confirmation Zoom Link

[www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)

All proceeds raised will go towards our 2024 Scholarship Awards Fund and Our Monthly Outreach Feedings.

**Soul-Lifted Sisters**  
Prayer Ministry & Outreach

P R E S E N T S

Weekly  
**AN OINTING**  
FAITH CHARGE PRAYER CALL

30 MINUTES OF POWERFUL PRAYER

with Host  
Minister Dr. E. Rainey Witherspoon, Founder

8:00 PM Thursday Nights | Join Us For 52 Weeks of Intercessory Thursday Night Prayer in 2024

Dial-In: 605-475-4000 Access Code: 758692  
Submit Prayer Request @ [www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)

Weekly "Faith Charge" Intercessory Prayer

Join us weekly Thursday Night 8:00 PM (Est)  
Intercessory Prayer  
Dial In# 605-475-4000  
Access Code: 758692

Submit your prayer request to  
[www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)  
(via prayer wall page)

**Monthly Holy Communion**

**Sunday, January 7, 2024 @ 2:00 pm**

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Join us for Holy Communion, every 1<sup>st</sup> Sunday of the month @ 2:00 pm via prayer line. Please order/pick up your elements in advance of the call.

Dial-In: 605-475-4000 Code: 758692

## 2024 Volunteerism Scholarship

Applications are now open to all Highschool Seniors and College Undergrade Students. Deadline to apply is April 1, 2024.

Application details are available on our website [www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)



2024  
VOLUNTEERISM  
SCHOLARSHIPS

Scholarship value minimum:  
\$ 500

### Scholarship Information

\* Applications Due By April 1, 2024

\* Application Details @  
[www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)

\* Open to all US High School Seniors  
and Undergraduate Students\*

\* Submit all questions to:  
[sls@soul-liftedsisters.com](mailto:sls@soul-liftedsisters.com)

Soul-Lifted Sisters Prayer Ministry & Outreach

## Our Ministries of Help Resources

### Know someone with cancer?

Cannot find the right words to say? Send them a tangible expression of care and concern. Knowing someone is thinking of them will bring a much-needed smile. Request a free chemo care package @[www.soul-liftedsisters.com](http://www.soul-liftedsisters.com).

### Know someone grieving or sick?

Did you know our organization follows a bereaved family for one full year? During that year we offer emotional support, counseling, and send encouraging cards. While it seems the rest of the world carries on as though nothing has happened, Soul-Lifted Sisters remember that their world will never be the same. So just when they feel people have forgotten, they will open a card of encouragement to remember God loves them and know we are still here praying and lifting them up. Submit your request on behalf of a bereaved family to: [www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)

Save the Dates: May 16 – 19, 2024  
Soul-Lifted Sisters Prayer Conference Retreat

Details: [www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)

Room Block and Registration Is Now Open



Soul-Lifted Sisters Prayer Ministry @ Outreach  
Celebrating 12 Years of Ministry

Presents

Remove the Band-Aid and Become  
Prayer Conference Retreat

May 16 - 19, 2024

Retreat Registration Fee \$175.00

Calling all women in need of Refreshing-Restoring-Renewing! Did someone say Prayer Conference RETREAT! Soul-Lifted Sisters Prayer Conference Retreat is a weekend just for you. This year we will focus on Psalm 147:3 - "He heals the brokenhearted And binds up their wounds."

If you are looking for a weekend of fellowship, worship, prayer, workshops, sisterhood, and fun activities, then this is the conference retreat for you. Come find rest, find fun, find freedom. This year lean into God's promise to bind up the brokenhearted. You're invited to bring your hurt to a place of healing and hope..

### Retreat Location/Lodging Specifics

Hotel Nightly Rate: \$179.00/\$189.00 (king/2 dbl)

Embassy Suites PGA Boulevard - Palm Beach Gardens  
4350 PGA Boulevard

Palm Beach Gardens, FL 33410

(booking link available on our website or you can call hotel @ 561-622-1000 ask for rate code Soul-Lifted Sisters)

\*\* Nightly Rate Includes: parking, hot breakfast and evening refreshments daily\*\*

### Itinerary Highlights:

Swag Bag and meals included

Prayer/Worship Encounters

Spiritual Alignment Workshops

Dinner Banquet Gala

### 3 Ways to Register

Zelle: Soul Lifted Sisters (786-385-2936)

Cash App: \$SoulLiftedSisters

Check made out to Soul-Lifted Sisters



Host/Founder

Minister Dr. Rainey Witherspoon

For more information visit our website: [www.soul-liftedsisters.com](http://www.soul-liftedsisters.com)

Happy Birthday  
January Celebrants



### Want to Help??

Sow a Seed this month to help our organization continue to fulfill our Ministries of Helps to the Community.

### You can donate 3 different ways:

Zelle: Soul Lifted Sisters, Inc (786-385-2936)

CashApp: \$SoulLiftedSisters

Check/Money Order made out and mailed to:

Soul-Lifted Sisters, PO Box 1535, Minneola, FL 34755