



March Newsletter

March 2026 Edition

Message from Our Founder:

Spring is just a few days away! As we prepare for this seasonal shift, let's allow God to guide us towards our purpose. Each day, strive to become a better version of yourself. We spent February focusing on self-love, and now it's time to put that love into action. With spring, new blooms will emerge in our lives. Will you let your blooms flourish, or will you fall into self-sabotage?

We are your Overflow Ministry, here to offer love and encouragement at whatever level you feel comfortable. Each month, we host events that nourish the soul, and we want you to be part of what God is doing for all of us in 2026.

March signifies transition, renewal, and action. It is a month of change. I invite you to search your heart and consider making monthly financial support for our organization a priority. Before contributing to our ministry, we encourage you to say this prayer:

"Father God, I thank you for the opportunity to sow into good ground, Soul-Lifted Sisters Prayer Ministry & Outreach. May this gift be used for the upbuilding of Your Kingdom and the saving of souls, near and far. In Jesus' name, Amen."

Thank you – Rev. Dr. Erania Witherspoon

Annual Prayer Conference Retreat

May 14 – 17, 2026

Registration Is Now Open

Deadline to Register: March 31, 2026

Soul-Lifted Sisters Prayer Ministry & Outreach

"Honeycomb for the Soul"

Prayer Conference Retreat
Psalm 119:103

May 14-17, 2026

Registration Fee: \$185.00 non-refundable
Zelle: Soul Lifted Sisters
Cash App: \$SoulLiftedSisters

Ladies, we warmly invite you to a weekend dedicated to Restoring, Refreshing, and Renewing. Join us for a power-packed fellowship centered around God's promises. This special event is designed to rejuvenate your spirit, strengthen your faith, and foster meaningful connections with fellow women. Through inspiring talks, uplifting worship, and enriching activities, you'll find a sanctuary of peace and encouragement. Come and experience the transformative power of God's love as we journey together towards spiritual renewal and personal growth. We look forward to sharing this blessed time with you.

Itinerary Highlights:
Swag Bags, Workshops,
Prayer Encounters, Dinner
Gala, Most Meals, and All
Conference Materials
Provided

Conference Venue:
Hilton Altamonte Springs
350 Northlake Boulevard
Altamonte Springs, FL

Nightly Rate: \$149.00
Book online using link on our
website
www.soul-liftedsisters.com or
call 1-800-678-4380 ask for
group code 90H



Host: Rev. Dr. Erania Witherspoon, Founder
More Information @ www.soul-liftedsisters.com

Our Next Ministry Outreach Feeding is Saturday, March 28, 2026, with the Central Florida Team! All new volunteers and student volunteers will need to register and complete our outreach informative. Please contact us @ sls@soul-liftedsisters.com

Soul-Lifted Sisters
Prayer Ministry & Outreach

PRESENTS
Weekly
ANOINTING
FAITH CHARGE PRAYER CALL

30 MINUTES OF POWERFUL PRAYER

With Host
Rev. Dr. E. Witherspoon, Founder
Focus: Keep Our Eyes Fixed In 2026
Scripture: Hebrews 12:2

8:00 PM Thursday Nights
Join Us For 52 Weeks of Intercessory Thursday Night Prayer in 2026
Dial-In: 605-475-4000 Access Code: 758692
Submit Prayer Request @ www.soul-liftedsisters.com

Exclusive Dinner Gala Invitation

This year, we're thrilled to invite non-conference participants to join us for an unforgettable dinner Gala as we celebrate our 14th anniversary of the Ministry on Saturday, May 16, 2026!

Don't miss this incredible opportunity to be part of an evening filled with inspiration and connection. Registration is essential, and the deadline is March 31. Please be aware that no walk-ins will be permitted, so secure your spot in advance!

Dress to impress in semi-formal attire and get ready for a night to remember. Each attendee will receive a virtual ticket for entry. Join us for just \$125.00 and be part of this special celebration! All ticket sales will contribute to our annual Scholarship Awards fund.

SOUL-LIFTED SISTERS PRAYER MINISTRY & OUTREACH
Est. 2012

PRAYER MOVEMENT ENCOUNTER

FRIDAY, MARCH 13, 2026 | 8:00 PM

JOIN US VIRTUALLY VIA ZOOM

Meeting ID: 643 918 8740
Passcode: Thrive2026

FREE FOR ALL

We invite you to share space with us as we journey through prayer, scripture, affirmation, expression, and much more.

Pray without ceasing. 1 Thessalonians 5:17

Hosted by: Soul-Lifted Sisters Prayer Ministry & Outreach
Rev. Dr. E. Witherspoon, Founder
www.soul-liftedsisters.com

SOUL-LIFTED SISTERS PRAYER MINISTRY & OUTREACH

SOUL-LIFTED SISTERS 2026 VOLUNTEERISM SCHOLARSHIP

2026 Scholarship Awards

- Financial Support
- Multiple Awards Available
- Mentorship

Requirement

- Submit 600 Word Essay
- Follow the essay layout instructions as detailed on Our Website.
- Apply January 1, 2026 - April 1, 2026

DEADLINE APRIL 1, 2026

sls@soul-liftedsisters.com
www.soul-liftedsisters.com



February Look Back

Self-Love Fundraiser:

A heartfelt thank you to everyone who supported our Self-Love Fundraiser. Your continued support is truly overwhelming, and we deeply appreciate your generosity. Our morning began with a brief lesson on Zoom, where we discussed the importance of self-love and the steps to achieve it. We concluded with our virtual prayer walk, which was the best 25 minutes ever. Some participants walked at the lake, others in their neighborhoods, some around their homes, while a few walked on treadmills or rode stationary bikes. It was wonderful to see all the ladies engaging in fitness together! Missed the event? No worries! You can still support this fundraiser with a special seed donation.

Prayer Movement Encounter:

On Friday, February 13, 2026, we hosted an amazing workshop for our prayer movement encounter. The lesson focused on the characteristics of God's love. The women came prepared to learn and share, creating a wonderful time of fellowship in the Lord. The turnout was excellent! We are looking forward to our next encounter on March 13th. We invite you to join and bring a friend or two!!

February Outreach Feeding:

We did it again! We provided the residents at the shelter with a hot breakfast, along with love, prayer, and encouragement. Thank you to our supporters for your financial contributions, which enable us to not only serve hot meals but also meet the special needs of families. To our amazing volunteers, your promptness and willingness to help are invaluable. Please continue to support us monthly as we strive to touch lives one by one. This month, we were able to add additional items to the menu, which were a great hit!

You Can Donate in 3 Ways:

Zelle: Soul Lifted Sisters

CashApp: \$SoulLiftedSisters

Check/MO: Payable to Soul-Lifted Sisters

We are a 501(c)(3) organization - Tax ID 46-1174575

Mailing Address:

PO Box 1535, Minneola, FL 34755

Website:

www.soul-liftedsisters.com

Founded in 2012

Founder/President:

Rev. Dr. Erania Witherspoon